

St Albans District Schools Swimming Association

**Affiliated to Hertfordshire Schools Swimming Association (HSSA)/
English Schools Swimming Association (ESSA)**

Years 5 & 6

Primary Trials Gala for the Individual Championships 2020

Level 4 Swim England license number 4ERxxxxxx (tba).

For Swim England members swimming times will be entered in the national database where Swim England number provided.

Under Swim England Laws & Swim England Technical Rules of Swimming

at

**St Albans (Boys) School
Abbey Gateway, St. Albans, Hertfordshire AL3 4HB**

Saturday 2nd May, 2020

**Doors open and registration 5.00pm, Warm up 5.30pm, Start 6.00pm.
(Registration will close at 5.40pm)**

**All events are Heat Declared Winner. Heats will be based on seeded times.
Electronic Timing & Scoreboard will be operating.**

**Medals for first, second and third place, certificates for first to sixth place.
Trials gala cup will also be awarded.**

This trials gala is used as the basis for selecting the team to represent St Albans District at the Hertfordshire Inter-District Primary Schools Championships on Friday 5th June, 2020.

EVENTS

Year 5: 50m Freestyle, Breaststroke, Butterfly, and Backstroke.

Year 6: 50m Freestyle, Breaststroke, Butterfly, and Backstroke.

(Separate events for Girls and Boys)

**Cost of entry: £5.00 per swimmer (with no limit on events entered – max. 4)
(Entry cost includes school affiliation to ESSA via StASSA)**

Deadline for entries is Wednesday 29th April, 2020

To enter go to: <http://www.stassa.org.uk/>