

St Albans District Schools Swimming Association

**Affiliated to Hertfordshire Schools Swimming Association (HSSA)/
English Schools Swimming Association (ESSA)**

Years 5 & 6

Trials Gala for the Individual Championships 2016

Level 4 ASA license tba

For ASA members swimming times will be entered in the national database where ASA number provided.

Under ASA Laws & ASA Technical Rules of Swimming

at

St Albans (Boys) School

Abbey Gateway, St. Albans, Hertfordshire AL3 4HB

Saturday 27th February, 2016

**Doors open and registration 5.00pm, Warm up 5.30pm, Start 6.00pm.
(Registration will close at 5.40pm)**

**All events are Heat Declared Winner. Heats will be based on seeded times.
Electronic Timing & Scoreboard will be operating.**

**Medals for first, second and third place, certificates for first to sixth place.
Trials gala cup will also be awarded.**

**This trials gala is used as the basis for selecting the team to represent St Albans District at the
Hertfordshire Inter-District Primary Schools Championships on Friday 29th April, 2016.**

EVENTS

Year 5: 50m Freestyle, Breaststroke, Butterfly, and Backstroke.

**Year 6: 50m Freestyle, Breaststroke, Butterfly, and Backstroke.
(Separate events for Girls and Boys)**

**Cost of entry: £4.00 per swimmer (with no limit on events entered – max. 4)
(Entry cost includes school affiliation to ESSA via StASSA)**

Deadline for entries is Tuesday, 23rd February, 2016

**If you would like to entry please register online at the
St Albans District Schools Swimming Association website:**

<http://www.stassa.org.uk/>