

# **St Albans District Schools Swimming Association**

**Affiliated to Hertfordshire Schools Swimming Association (HSSA)/  
English Schools Swimming Association (ESSA)**

**Years 5 & 6**

**Trials Gala for the Individual Championships 2015**

**Level 4 ASA license 4ER150793**

For ASA members swimming times will be entered in the national database where ASA number provided.

**Under ASA Laws & ASA Technical Rules of Swimming**

**at**

**St Albans (Boys) School**

**Abbey Gateway, St. Albans, Hertfordshire AL3 4HB**

**Saturday 25th April, 2015**

**Doors open and registration 5.00pm, Warm up 5.30pm, Start 6.00pm.  
(Registration will close at 5.40pm)**

**All events are Heat Declared Winner. Heats will be based on seeded times.  
Electronic Timing & Scoreboard will be operating.**

**Medals for first, second and third place, certificates for first to sixth place.  
Trials gala cup will also be awarded.**

**This trials gala is used as the basis for selecting the team to represent St Albans District at the Hertfordshire Inter-District Primary Schools Championships on Friday 8th May, 2015.**

## **EVENTS**

**Year 5: 50m Freestyle, Breaststroke, Butterfly, and Backstroke.**

**Year 6: 50m Freestyle, Breaststroke, Butterfly, and Backstroke.  
(Separate events for Girls and Boys)**

**Cost of entry: £4.00 per swimmer (with no limit on events entered – max. 4)  
(Entry cost includes school affiliation to ESSA via StASSA)**

**Deadline for entries is Tuesday, 21st April, 2015**

**If you would like to entry please register online at the  
St Albans District Schools Swimming Association website:  
<http://www.stassa.org.uk/>**