

## St Albans secondary schools swim to Hertfordshire success

🕒 09:30 31 May 2016 | By Neil Metcalfe



*St Albans District Secondary Schools Swimming Team had a successful time at the County Championships*

**There was plenty of joy for the St Albans District Secondary Schools Swimming Team at the County Championships.**

The junior squad (Year 7 and 8) had the most success, picking up the overall win for both boys and girls.

They were also victorious in all of the relays, with the girls breaking the freestyle relay record by over two seconds.

On an individual level, Charlie King of Verulam School won the junior boys' backstroke.

The intermediate and senior teams were both depleted this year due to timing of exams.

However, the intermediate (Year 9 and 10) boys and girls teams won their medley relays and Reese Housden, from Sir John Lawes, took the win in the boy's individual medley and butterfly.

Team manager Andrew Ellis said: "The team performed well and showed again the good depth of swimmers in the district."